

THE BOOK OF
EPHESIANS

DEAF WOMEN CONFERENCE

2021

WORKBOOK, PRAYER
& STUDY JOURNAL



HEY *sisters,*

Welcome to DWC21 (Deaf Women's Conference)!

We have been praying for you. Through this conference, may your faith be strengthened. May you feel encouraged and connected to your community as you journey toward a deeper relationship with Christ and others.

We hope that the questions provided in this workbook engages you deeper with each session. We've left space for you to write your thoughts, questions, and prayers that you can think on or share with your group.

We are so thankful that you are part of this incredible experience!

In faith,
The Deaf Women's Conference Team at Deaf Millennial Project

deafmillennial.com/dwc2021





**SUBMIT TO
JESUS.**

**LEARN ABOUT
JESUS.**

**GROW CLOSER WITH
JESUS.**



PREFACE

Tonight marks the beginning of DWC21, and we couldn't be more excited! Over the next two days, several amazing sisters in Christ will share their hearts as they share the book of Ephesians.

Throughout the planning process, DMP has been praying for each one of you. We pray that each individual who watches the conference will truly understand God's Word and grow closer in relationship with Christ.

But before we dive into our conference, let's talk about submission. In today's world, the word submission often triggers feelings of irritation, frustration, and resentment as third-wave feminism gains ground. Submission is seen as weak. Submission is seen as cowardly. Submission is seen as degrading. But the kind of submission Christ calls us to do is beautiful and essential to our relationship with Jesus. Spiritual submission allows our hearts and minds to be open to receiving wisdom, knowledge, understanding, correction, and direction.

The idea of submission is discussed in Ephesians 5. Paul wrote an entire passage regarding the relationship between a husband and a wife, comparing it to Christ's relationship with His church. Submission plays a significant role in both kinds of relationships. Ephesians 5:22 says, "Wives, submit yourselves to your own husbands as you do to the Lord, and "Now as the church submits to Christ, so also wives should submit to their husbands in everything" (Eph 5:24). There is an analogy between submitting to husbands and submitting to God.

Spiritual submission frees us from shame, guilt and discontent, and so much more. These emotions stand in the way of us truly listening to our Father. Of course, our Father is so much more. When we submit to Him, we get the incredible opportunity to bask in His love and His mercy. There is no place for shame, guilt, and discontent when we submit. All we will know is that we are present in the moment as a body of sisters in Christ.

That brings us to this weekend. Before you listen to each speaker, talk with Jesus. Submit to Jesus. Learn about Jesus. Grow closer with Jesus. Then after each session, ask how you can use what you have learned to honor Jesus and to honor your sisters and brothers in Christ. Open your eyes, hearts and spirits to embrace this freedom. Ask Jesus to help you lay down your wants and how you envision this weekend going. Tell Him that you submit to His will this weekend, and my dear sister, this weekend will glorify Him. He will show Himself through His might. Get ready for this weekend by spiritually submitting to Christ first.

Your sister in Christ,
Lexi

PRE-CONFERENCE

“EVER SINCE I FIRST HEARD OF YOUR STRONG FAITH IN THE LORD JESUS AND YOUR LOVE FOR GOD’S PEOPLE EVERYWHERE, I HAVE NOT STOPPED THANKING GOD FOR YOU. I PRAY FOR YOU CONSTANTLY.

EPHESIANS 1:15-16

AN ATTITUDE OF GRATITUDE

In Ephesians, Paul wrote about what God expects from a community of believers. Paul starts off by talking about an attitude of praise and thanksgiving to God for all life’s blessings, including the people God has brought into their lives.

As you dive deep into Ephesians, bring your attitude of gratitude to God.

Where do you start?

Write the names of two believers you know who have faith and love for the Lord and His people.

1.

2.

3. (Your name here!)

Spend time thanking God for these friends, mentors, pastors, shepherds, and believers.

SOMETHING TO THINK ABOUT

As you pray, think about who is God. Know that He is the Glorious Father of our Lord Jesus. He has enriched your life with those who have influenced and encouraged your walk with Christ.

DAY ONE - MORNING

“**ASKING GOD, THE GLORIOUS FATHER OF OUR LORD JESUS,
TO GIVE YOU SPIRITUAL WISDOM AND INSIGHT.**

EPHESIANS 1:17A

A SPIRIT OF WISDOM & INSIGHT

Paul writes that he never stops giving thanks for the Ephesians. This means he constantly thanks God for friends, mentors, pastors, shepherds, and believers because they have shown their love to all God's people.

Let's do the same.

Take a moment and pray for your same friends you wrote down yesterday. What should you pray? What should you ask God to give your friends today?

- The spirit of wisdom***
- The spirit of insight (understanding)***

1.

2.

3. (Your name here!)

SOMETHING TO THINK ABOUT

When do you feel confused or in the dark? What questions do you have?

Share your thoughts with your group.

DAY ONE - SESSION ONE



TANYA
POLSTRA

“
EVEN BEFORE HE MADE THE WORLD,
GOD LOVED US AND CHOSE US IN
CHRIST TO BE HOLY AND WITHOUT
FAULT IN HIS EYES.

EPHESIANS 1:4

1. What three things did Tanya say Paul wrote in Ephesians to help us find our identity in Christ?

1.

2.

3.

2. What did Tanya say is the purpose for our existence?

3. What does “rich blessings” mean? What is the difference between the words BLESSED and BLESSINGS?

4. According to Ephesians 1:4-12, who are YOU? List the seven ways God identifies YOU in Christ.

1.

2.

3.

4.

5.

6.

7.

Notes:

DAY ONE - SESSION TWO



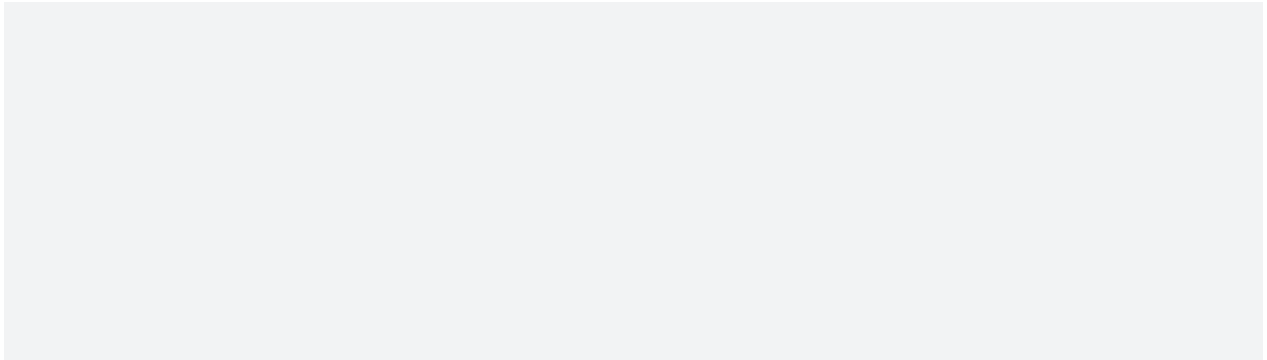
ASHLEY
CLARK

“
I HAVE NOT STOPPED GIVING THANKS
FOR YOU, REMEMBERING YOU IN
MY PRAYERS.

EPHESIANS 1:16

1. We often talk about how we are sinners and our sin needs to be covered by Christ. Ashley talks about the word “Saint.” What does the word “Saint” mean?
Rejoice! If you are a believer, you are covered by Christ. God no longer sees you as a sinner but as a saint.
2. What does Ashley say, as believers, how we can show our faith to others?
3. Where was Paul when he wrote the letter of Ephesians? Sometimes, we complain that we have too much struggle going on in our lives to pray and encourage others. However, think about where Paul was and what he was facing, yet he still wrote this encouraging letter to other believers.

Notes:



DAY ONE - SESSION THREE



RENCA
DUNN

“
FOR IT IS BY GRACE YOU HAVE BEEN
SAVED, THROUGH FAITH-AND THIS IS
NOT FROM YOURSELVES, IT IS THE
GIFT OF GOD.

EPHESIANS 2:8

1. What are the 3 themes from this passage?

1.

2.

3.

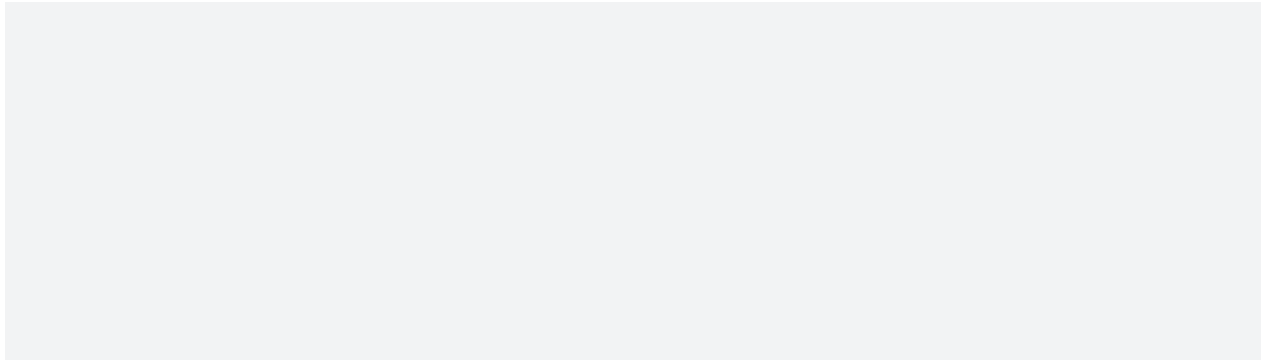
2. Finish the phrase:

Faith is something we can't _____,
but we _____ it's there.

3. Who is responsible to accept the gift of salvation from God?

4. What can we do to build our relationship with Jesus?

Notes:



DAY ONE - SESSION FOUR



DONNA
VALVERDE-
HUMMEL

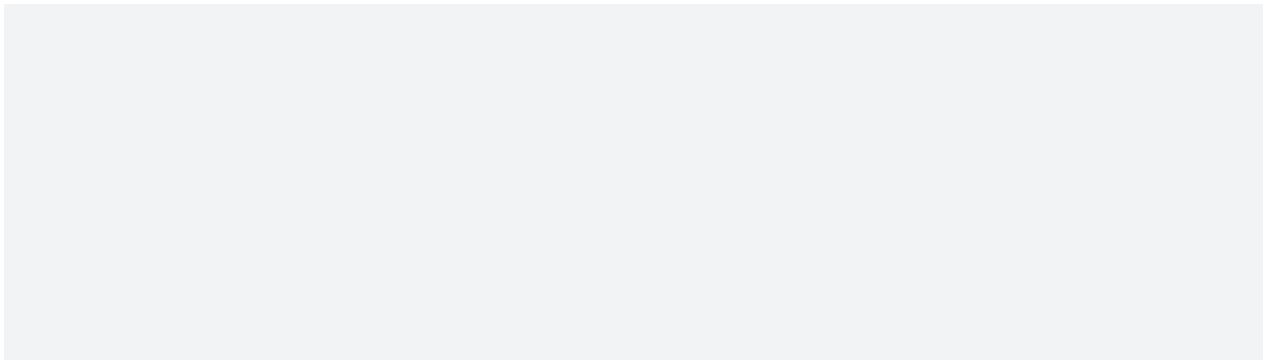
“
BUT NOW IN CHRIST JESUS YOU WHO
ONCE WERE FAR AWAY HAVE BEEN
BROUGHT NEAR BY THE BLOOD
OF CHRIST.

EPHESIANS 2:13

1. Remember your life before Christ? Ask God what He wants you to remember about your life without Him and how your life has changed since. Let it humble you and fill you with gratitude that you know Jesus now.
2. Donna has a favorite phrase “Not yet...in the middle....between” to remember that we are all in the process of growing and changing. We are still sinners living on earth and moving towards heaven. How can you keep growing as you look towards heaven?
3. What are the two types of sins?

4. How can you grow in unity with other believers to be built up into a holy temple for the triune God? Is there a sin that you need to stop doing? Or is there something you need to start doing?

Notes:



DAY ONE - EVENING



I PRAY THAT YOUR HEARTS WILL BE FILLED WITH LIGHT
SO THAT YOU CAN UNDERSTAND THE CONFIDENT HOPE
HE HAS GIVEN TO THOSE HE HAS CALLED.

EPHESIANS 1:18

A PLACE TO KNOW HIS HOPE

Paul prayed that the Ephesians would be filled with God's spirit of **LIGHT**, so that they could have a deep hope in Christ and spread that **HOPE** to others.

Take a moment and pray for your same friends you wrote down yesterday. What should we ask God to give them?

- The spirit of confidence***
- The spirit of hope***

At times, we may feel confused or in the dark. Pray for hearts to be filled with God's **LIGHT**, because God wants us to feel His **HOPE**.

SOMETHING TO THINK ABOUT

What are some ways that you can feel the CONFIDENT HOPE of the Lord in your life? Share this with your group.

DAY TWO - MORNING



REMEMBER THAT AT THAT TIME YOU WERE SEPARATE FROM CHRIST...BUT NOW IN CHRIST JESUS YOU WHO ONCE WERE FAR AWAY HAVE BEEN BROUGHT NEAR BY THE BLOOD OF CHRIST.

EPHESIANS 2:12-13

A HEART TO KNOW HIM BETTER

Paul kept praying for the Ephesians because he wanted them to know God better. He writes that God is rich in His mercy, not only for the people of Ephesus but for all people to know Him. Once, you were separated from Christ, but someone told you about the Gospel message, and now you can know Him better.

Write down two other friends who do not yet know Jesus. Just as Paul prayed for the people to know God better, you can pray for those who do not yet know about God's love.

1.

2.

3. (Your name here!)

What should we ask God to give them?

- The spirit of understanding*
 - The spirit to know God better*
-

SOMETHING TO THINK ABOUT

In what ways does God show you His Spirit? Do you share your relationship with God to others? Why or why not? Share your feelings with your group.

DAY TWO - SESSION ONE



DR. KAREN
BREGMAN



FOR THIS REASON I, PAUL, THE
PRISONER OF CHRIST JESUS FOR THE
SAKE OF YOU GENTILES

EPHESIANS 3:1

1. What does it mean when Paul says he is the prisoner of Christ?
2. In what ways does God speak to His people?
3. What do you think Paul means by “the administration of God’s Grace”?

Notes:

DAY TWO - SESSION TWO



BELINDA
MCCLEESE

“
AND TO KNOW THE LOVE OF CHRIST
THAT SURPASSES KNOWLEDGE, THAT
YOU MAY BE FILLED WITH ALL THE
FULLNESS OF GOD.

EPHESIANSN 3:19

1. What is an inner being?

2. What does it mean to be rooted in love?

3. Are you willing to step out of the comfort zone?

Notes:

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DAY TWO - SESSION THREE



ANN LYNN
PARKER

“
WE WILL SPEAK THE TRUTH IN LOVE,
GROWING IN EVERY WAY MORE AND
MORE LIKE CHRIST, WHO IS THE HEAD
OF HIS BODY, THE CHURCH.

EPHESIANS 4:15

1. Why does the Lord want to equip all the people in the church?
2. What are the essential goals in growing a relationship with Christ?
3. Ann says there are three P's that prevent you from entering into heaven, what are they?

P

P

P

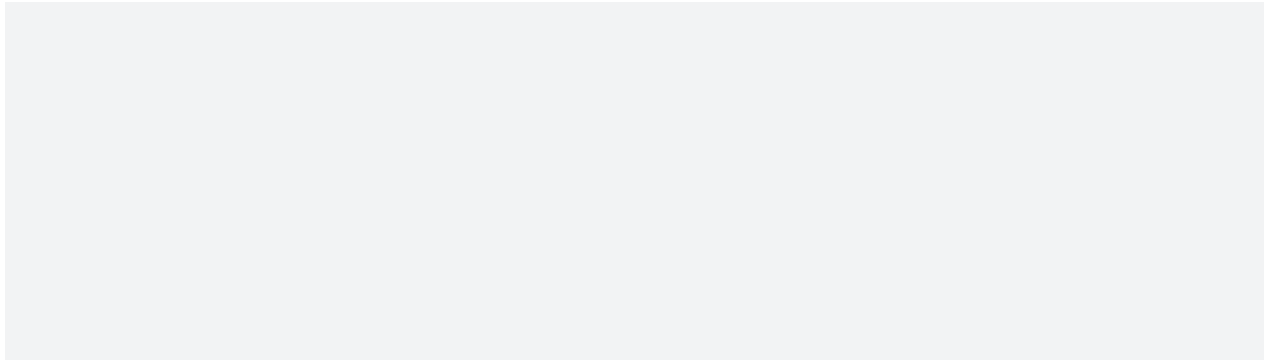
4. What are God's three P's to bring with you into heaven?

P

P

P

Notes:



DAY TWO - SESSION FOUR



JANET
MORENO

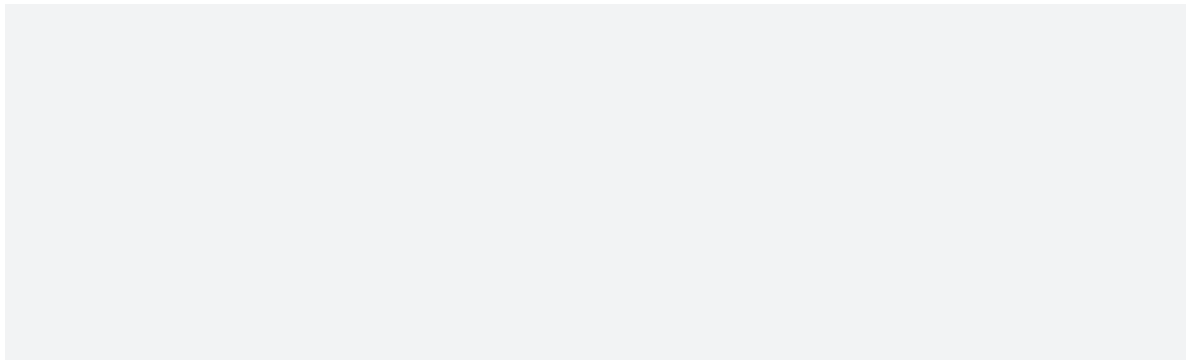
“
AND WALK IN LOVE, AS CHRIST ALSO
HAS LOVED US AND GIVEN HIMSELF FOR
US, AN OFFERING AND A SACRIFICE TO
GOD FOR A SWEET-SMELLING AROMA.

EPHESIANS 5:1

1. What does it mean to humble yourself before God?
2. What story did Janet use to show an example of Jesus's love toward a woman?
3. What did Jesus teach to the woman?

4. What is the main theme of Ephesians 5?

Notes:



DAY TWO - SESSION FIVE



LAURA HILL

LEXI HILL

“HONOR YOUR FATHER AND MOTHER”
WHICH IS THE FIRST COMMANDMENT
WITH A PROMISE.

EPHESIANS 6:2

1. What have you learned about forgiveness?

2. Why is it important for parents and their children to pray for each other?

3. What are the 10 phrases that Lexi and Laura gave to honor parents?

1.

2.

3.

4.

5.

6.

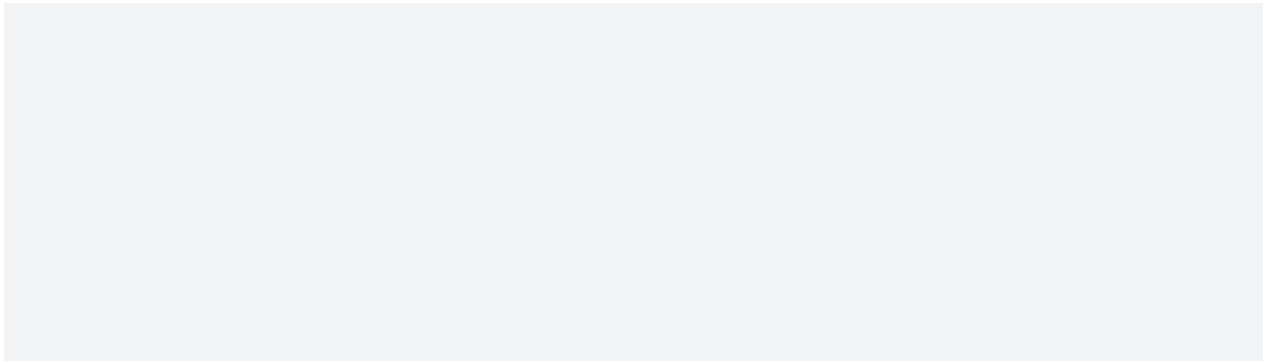
7.

8.

9.

10.

Notes:



DAY TWO - SESSION SIX



CRYSTAL
KELLEY
SCHWARTZ

“
MAY GOD'S GRACE BE ETERNALLY
UPON ALL WHO LOVE OUR LORD
JESUS CHRIST.

EPHESIANS 6:24

1. How can you share the hope of Christ with others?
2. What can you thank the Holy Spirit for today?
3. God can use our struggles for His glory. He has a plan for everything in our lives. What does it look like for you to trust Him with that daily? How does that give you hope?

Notes:

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DAY TWO - EVENING



...HIS HOLY PEOPLE WHO ARE HIS RICH AND GLORIOUS INHERITANCE. I ALSO PRAY THAT YOU WILL UNDERSTAND THE INCREDIBLE GREATNESS OF GOD'S POWER FOR US WHO BELIEVE HIM.

EPHESIANS 1:18-19

YOU ARE BELOVED

Paul writes that God has made us alive in Christ - together. Think about what God has given you and your friends this week:

An Attitude of Gratitude

A Heart to Know Him Better

A Spirit of Wisdom and Insight

A Place to Know His Hope

Write your friends names from day one again and thank God for providing HOPE, LIGHT, WISDOM, and INSIGHT.

1.

2.

3. (Your name here!)

Write your friends names from page 2a and thank God for providing a way for them to become His beloved.

1.

2.

SOMETHING TO THINK ABOUT

How can you pray for a continued HOPE in Christ for the people on your list? Can you keep praying for them after the conference is over? If you are willing, keep your list of names in a place where you can see it everyday to remind you to pray for them.

POST - CONFERENCE

“*AND I PRAY THAT YOU, BEING ROOTED AND ESTABLISHED IN LOVE, MAY HAVE POWER, TOGETHER WITH ALL THE LORD’S HOLY PEOPLE, TO GRASP HOW WIDE AND LONG AND HIGH AND DEEP IS THE LOVE OF CHRIST, AND TO KNOW THIS LOVE THAT SURPASSES KNOWLEDGE- THAT YOU MAY BE FILLED TO THE MEASURE OF THE FULLNESS OF GOD.*

EPHESIANS 3:18-19

YOU ARE ROOTED AND ESTABLISHED

We pray that this conference has strengthened you in His love. The love of Christ is so wide, so long, so high, and so deep - it cannot be measured.

As you continue to walk in His huge love, remember that He desires you to share your life with others, and not alone. Through community, you will find support. Remember God’s words, that “even if two people gather in His name, He will be there with you.” Matthew 18:20

SOMETHING TO THINK ABOUT

Write down two women who can support you when you need to remember the love of Christ.

1.

2.

Finally, be filled up by God's love each day. How? Spend time with Him through His Word or in prayer. He is your friend, and you can tell Him all the things in your heart.



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